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# Protective role of propolis against histological alterations in renal tissue induced by gold nanoparticles

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**ABSTRACT**: Male albino Wistar rats were exposed to 10 nm gold nanoparticles at a dose of  $2000 \mu g/kg$  together with or without propolis (50 mg/kg) for 15 consecutive days. Fresh renal biopsies from of all investigated rats were cut rapidly, fixed in neutral buffered formalin, subjected to histological processing, and examined for microanatomical alterations. Propolis gave full protection against glomerular congestion and renal tubule hyaline casts. It demonstrated partial amelioration against glomerular capillary dilatation, tubular cloudy swelling, necrosis, and degeneration together with interstitial blood capillaries dilatation and haemorrhage induced by nanoparticle toxicity. On the other hand, propolis showed no protective effect against renal cells pyknosis, karyolysis, apoptosis and renal hydropic degeneration together with collecting tubules atrophy and degeneration induced by the nanoparticles. Thus propolis can augment the antioxidant defence against the severity of some alterations in the renal tissues. This ameliorative role might be related to the antioxidants content of propolis that protect the renal tissues from free radicals and oxidative stress.

KEYWORDS: nanotoxicity, kidney, antioxidant, glomerulus, renal tubules

#### INTRODUCTION

Gold nanoparticles (GNPs) have promise in multiple diagnostic and therapeutic application together with a variety of industrial purposes<sup>1,2</sup>. These fine particles have unique properties that make them biologically active with affinity to accumulate in the vital organs mainly kidney liver and spleen<sup>3–5</sup>. Previous research work demonstrated the potential toxic effect of GNPs due to their size, surface area, shape, and charge where smaller particles are more toxic than the larger ones<sup>6–8</sup>. GNPs demonstrated oxidative stress and macromolecules interaction that could result in histocytotoxicity<sup>9–11</sup>.

Some research works showed that GNPs with a size of of 5–20 nm were more toxic and had long time accumulation than the larger ones in the vital organs including the kidney<sup>12–14</sup>. The kidneys receive high blood flow and have high exposure to small GNPs with long circulating residue than the larger ones<sup>9,15,16</sup>.

Propolis is a bee glue consists of natural resinous substances collected from plants and able to keep and protect the hives from invaders and environmental harsh conditions<sup>17,18</sup>. Propolis is well known for its antioxidant properties and has been used for long time as therapeutic and supportive agent<sup>19,20</sup>. In addition, this natural crude is being used widely in pharmaceutical industry and cosmetic applications due to its antioxidative properties and abilities to prevent lipid peroxidation<sup>21, 22</sup>. Some studies reported propolis to have role in a blood capillaries strengthening and tissue regeneration<sup>23</sup>. Furthermore, propolis was found to have protective role from some chemicals and environmental toxic substances such as carbon tetrachloride, acetaminophen, and inorganic toxicity<sup>24-26</sup>. The aim of the present project is to determine whether propolis can protect the renal tissues from the histological alterations induced by GNPs toxicity.

## MATERIALS AND METHODS

### **Experimental animals**

Forty male adult albino Wistar rats weighing 210–230 g were obtained from the animal house (College of Pharmacy, King Saud University, Saudi Arabia). The rats were randomly assigned and separately

caged into three test groups and a control one (10 rats each) with access to food and water ad libitum.

#### Gold nanoparticles

Spherical colloidal monodisperse GNPs (10 nm) suspended in 0.1 mM phosphate-buffered saline, were purchased from Sigma-Aldrich (USA), with the following physicochemical characterization:  $5.98 \times 10^{12}$  nanoparticles/ml, concentration of  $1.01 \times 10^8$  M<sup>-1</sup> cm<sup>-1</sup>, surface area of each particle of  $3.16 \times 10^{-12}$  cm<sup>2</sup>, reactant free, absorption at ~520 nm.

#### Propolis

Commercial water soluble propolis crude in the form of capsules (1000 mg) manufactured by Marnys Spanish Company (Spain) and imported by Saudi Arabian Dug Store Ltd (Saudi Arabia) was used. Its active ingredients were identified by the quality control of the manufacturer. The analysis indicated the following contents. Phenolic acids (caffeic acid, tocopherol, sinapic acid, cinnamic acid, coumaric acid, and ferulic acid) and flavonoid compounds (quercetin, kaempferol, rutin, and apigenin) together with amino acids and vitamins.

For the use of propolis in the present work, the capsules content was dissolved immediately before use in sterile distilled water. The rats were subjected to propolis in a daily single dose for 15 consecutive days.

## **Experimental protocol**

The rats were exposed to GNPs together with or without propolis as follows:

Group I: received neither GNPs nor propolis but a single intraperitoneal injection of 100  $\mu$ l of the nanoparticles vehicle in deionized water for consecutive 15 days.

Group II: received a daily intraperitoneal injection of 100  $\mu$ l GNPs of size 10 nm at a dose of 2000  $\mu$ g/kg for consecutive 15 days.

Group III: received a daily intraperitoneal injection of 100  $\mu$ l GNPs of size 10 nm at a dose of 2000  $\mu$ g/kg, before being exposed to single oral dose of propolis (50 mg/kg) for consecutive 15 days.

Group IV: received a daily oral dose of propolis (50 mg/kg) for consecutive 15 days.

#### Sample preparation

All members of all groups were euthanized by cervical dislocation after 15 days of treatment. Fresh biopsies from the right kidney of each rat of all groups were cut rapidly, fixed in neutral buffered formalin, dehydrated with ascending grades of ethanol, cleared in 2 changes of xylene, impregnated with 2 changes of molten paraffin wax, then embedded and blocked out. Paraffin sections (4–5  $\mu$ m) of the control and GNPs treated rats were stained according to Jarrar and Taib $^{27}$  with haematoxylin and eosin (H&E) stain and other special stains.

#### Microscopic examination

Histological sections of all rats under study were examined using Olympus light microscope while the digital photography was carried out by using Olympus optical microscope with digital camera.

All animals were handled and the experiments were conducted in accordance with the protocols approved by King Saud University ethical committee. The doses and route of administration were carried out according to the protocols from previous studies and confirmed data from the literature.

## RESULTS

The kidneys of the control rats showed normal histological picture of glomerular, tubular and interstitial components of both the cortex and the medulla (Fig. 1a). The kidneys of rats exposed to GNPs with or without propolis, however, showed the following glomerular, tubular, and interstitial histological alterations:

Glomerular congestion: the rats exposed to 10 nm GNPs for consecutive 15 days demonstrated marked occasional glomerular capillary congestion (Fig. 1b). This glomerular damage was not seen in the kidneys of rats exposed to GNPs plus propolis.

Glomerular capillary dilatation: Ballooned glomerular capillaries were detected in the renal tissues of rats exposed to GNPs (Fig. 1c). The kidneys of rats exposed to GNPs plus propolis demonstrated less glomerular capillaries dilatation in comparison to those subjected to GNPs only.

Renal tubules cloudy swelling: all rats subjected to GNPs treatment showed renal tubules epithelial lining cloudy swelling. This abnormality was more prominent in the epithelial lining of the proximal convoluted tubules than the distal ones (Fig. 1d). This damage was less prominent in the renal tubules exposed to both GNPs plus propolis.

Renal tubules hydropic degeneration: Vacuolization of the renal cells was seen in the renal tubules of rats received 10 nm for 15 days (Fig. 1e). Treatment with propolis for 15 days showed little amelioration, if any, in this renal tissue damage.



**Fig. 1** Light micrographs demonstrating: (a) control kidney with normal glomerular and tubular structures, (b) glomerular congestion, (c) glomerular capillary dilatation, (d) renal tubule cloudy swelling, (e) hydropic degeneration, (f) cytoplasmic hyaline droplets and hyaline casts, (g) renal cells nuclear alterations, (h) prominent tubular necrosis, (i) renal tubular degeneration, (j) collecting tubules degeneration, (k) interstitial capillary dilatation and haemorrhage. H&E stain.

Hyaline droplets and hyaline casts: rats received GNPs for 15 days demonstrated cytoplasmic hyaline droplets in the epithelium of the renal tubules (Fig. 1f). Moreover, occasional hyaline casts were also seen in the lumen of some distal convoluted renal tubules. The hyaline casts of the renal tubules were not seen in the renal tissues of rats exposed to GNPs plus propolis in comparison with rats subjected to GNPs only.

Renal tubules nuclear alterations: some cells lining the proximal convoluted tubules of rats exposed to GNPs demonstrated anisokaryosis, pyknosis, karyorrhexis, karyolysis and apoptosis while the nuclei of the distal tubules were less affected (Fig. 1g). No obvious protection from these alterations was seen in the renal tubules of rats subjected to GNPs and propolis for consecutive 15 days.

Tubular necrosis: necrosis was observed in the renal tubules of rats exposed to GNPs for 15 days (Fig. 1h). This alteration was more prominent in the cortex than the medulla. The renal tubules of rats subjected to GNPs plus propolis showed less necrosis than rats treated with GNPs only. Occasional cytoplasmic eosinophilia in some necrotic proximal convoluted tubules was also seen in the renal epithelium of rats exposed to GNPs but not in rats subjected to both GNPs plus propolis.

Renal tubules degeneration: swelling cytolysis and thinning or absence of the proximal tubular brush border were also seen in some renal tubules of rats exposed to GNPs only (Fig. 1i). The proximal renal tubules became flattened and were more affected than the distal ones. This damage was less prominent in the kidneys of rats subjected to GNPs plus propolis.

Collecting ducts degeneration: Atrophied collecting ducts were seen in the renal tissues of rats treated with GNPS (Fig. 1j). Propolis failed to protect the collecting ducts of rats subjected to GNPs from this damage.

Intertubular blood capillaries dilatation and haemorrhage: the renal tissues of rats exposed to GNPs only demonstrated intertubular blood capillaries dilatation together with occasional intertubular haemorrhage (Fig. 1k). These alterations were less prominent in the kidneys of rats treated with GNPs plus propolis.

#### Kidneys of rats exposed to propolis only

Rats exposed to propolis (50 mg/kg) only for consecutive 15 days demonstrated normal histological picture with no abnormalities in the glomerular, tubular or interstitial constituents in comparison with the renal tissues of the control rats.

## DISCUSSION

Previous studies indicated that GNPs may reveal a high risk potential on the microstructure and function of the kidney<sup>28</sup>. The results of the present work showed that the cortex and the proximal convoluted tubules were more affected than the medulla and the distal tubules, respectively. This may indicate that more GNPs reach the cortex via the blood stream than that would enter the medulla where most of the total renal blood flow enters the cortex.

Our results showed partial amelioration to cloudy swelling and cytoplasmic vacuolating injuries induced by GNPs with propolis subjection. This may indicate that this natural product can reverse partially the change in the ion balance and fluid haemostasis that affects water and ion transport through cell membrane due to GNPs toxicity. Some investigators reported that propolis could repair cellular structure and functions by inhibiting cell membrane free radical formation and combating lipid peroxidation by activation of some antioxidant enzymes<sup>29–31</sup>.

Propolis subjection improved glomerular, intertubular, and interstitial capillary dilatation induced by GNPs. This might indicate potential capability of propolis to suppress glomerular filtration surface and interstitial renal capillary expansion related to its ability to prevent lipid peroxidation by activation of some antioxidant enzymes<sup>14, 17, 29</sup>. Several studies reported that propolis could protect the mitochondria and cellular macromolecules against oxidative damage<sup>32–34</sup>. In addition, the protective role of propolis against formation of hyaline casts might indicate an ability to ameliorate protein disturbances induced by GNPs (Fig. 2).

On the other hand, the results of the present work showed that propolis was unable to prevent renal cells anisokaryosis, pyknosis, karyorrhexis, karyolysis, and apoptosis (Fig. 2b) together with tubular hydropic degeneration and collecting tubules atrophy towards normal. This might indicate that the oxidative power of propolis cannot compensate for the damage in these tubules that most likely resulted from hydrolytic enzyme leakage induced by GNPs exposure. Pyknosis is a sort of condensation of the chromatin materials in the periphery of the nuclei with irregularity nuclear membranes while karvolysis is characterized by chromatin dissolution of a dying cell<sup>35</sup>. The findings of the present study showed that the induced nuclear alterations by GNPs were seen mainly in the necrotic renal cells. This might indicate that GNPs could induce swelling and lysis of renal cells organelles including the nuclei. Moreover, the failure of propolis to ameliorate the collecting duct atrophy might indicate inability to compensate the hydrostatic pressure induced in these tubules by GNPs.

The findings of the present work are in line with some studies which reported that propolis could protect against the toxicity of several chemical and environmental toxic substances<sup>31–33</sup>. This potential might be related to its pharmacological and biological contents such as flavonoid compounds and phenolic acids. Furthermore, propolis has the ability to activate antioxidant enzymes to suppress cytochrome p-450 enzymes and to reduce lipid peroxidation<sup>19,21,30</sup>. In addition, some investigators



**Fig. 2** Light micrographs demonstrating; (a) kidney of rat exposed to GNPs plus propolis showing cytoplasmic hyaline droplets but no hyaline casts in the distal tubules luminae, (b) kidney of rat exposed to GNPs plus propolis showing nuclear alterations almost similar to that seen in subjected to GNPs only, (c) kidney of rat received propolis only demonstrating normal histological structures. H&E staining.

reported that propolis can inhibit membrane free radical formation and has the capability to protect the mitochondria and cellular macromolecules against oxidative damage<sup>31, 32</sup>.

It might be concluded from the findings of the present work that propolis can augment the antioxidant defence against the severity of some alterations in renal tissues induced by GNPs (Fig. 2c). Renal tissues amelioration, strengthening and regeneration by this natural crude against histological damage induced by GNPs might be related to its antioxidant activity. In addition, the present work may provide evidence for propolis therapeutic potential related to its antioxidant ability to protect structure and function of kidney from oxidative stress induced by drugs, toxic substances and pollutants.

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