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The role of metallothioneins in the formation of hierarchical mechanisms of resistance to toxic compounds in young and old animals on the example of copper sulfate

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4

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#### 14 Abstract

15 We used classical methods of biochemistry, chromolithography, atomic adsorption  
16 spectrometry for the determination of copper ions and MALDI-TOF mass spectrometry for the  
17 determination of metallothioneins. We have found sequential administration of small doses of  
18 copper sulfate provided the formation of resistance to subsequent lethal doses of copper sulfate.  
19 Age-dependent differences in the adaptive response match with the difference in the  
20 metallothioneins content in liver cells. In this case of adaptation formation, there was not only an  
21 increase in metallothioneins, but also a change in the intracellular distribution of copper ions. We  
22 revealed that a multiple increase in copper ions in mitochondria and endoplasmic reticulum of  
23 liver cells was accompanied by a slight decrease in the activity of antioxidant enzymes included  
24 in their composition. It has been suggested that metallothioneins are involved not only in the  
25 accumulation and retention of copper ions, but also in active inter-protein swap. Age-dependent  
26 differences in resistance, adaptability and long-term effects of copper ions are due to differences  
27 in the metabolic systems of copper metabolism before the toxic doses administration of copper  
28 sulfate, i.e. difference in initial states.

29 **Key words:** copper resistance, age, metallothioneins, redox system.  
30

#### 31 1. Introduction

32 The ability to form resistance to the negative (toxic) impacts is a fundamental property  
33 of biological systems. The ability to develop resistance is influenced not only by the doses and  
34 properties of toxic compounds, but also by the age of the animals. However, the specificities and  
35 mechanisms of adaptation in animals of different ages are important in several aspects: in  
36 gerontology, since it is impossible to establish the mechanisms of aging without this knowledge;  
37 in toxicology, since induced resistance makes it difficult to interpret the results; in medical  
38 practice, since it is necessary to take into account the formation of resistance to repeated  
39 sequential doses of medication, most of which are toxic [1-4]; and even in nutritional sciences,  
40 since many essential elements in large quantities cause toxicity (in particular vitamins and  
41 copper ions) [5-6].

42 The problem is that studies of the mechanisms of the formation of resistance to high  
43 doses of toxic compounds can be carried out only on experimental animals with the subsequent  
44 transfer of obtained data into clinical practice. Copper sulfate was chosen as a model of the toxic  
45 factor of the environment. There were several reasons for this:

46 *First*, copper ions are an essential element and provide the activity of at least 30  
47 enzymes in the body in physiological concentrations [7; 8]. Various pathologies appear with the  
48 complete exclusion of copper ions from the diet [9-10]. It was shown that copper ions

49 concentration in the body depends on age. Its content in embryos and newborns is 5-10 times  
50 higher than in adults [11]. However, the mechanisms of age-dependent changes in copper  
51 metabolism in the body have not been established.

52 *Secondly*, the intake of large doses of copper ions into the body is accompanied by the  
53 manifestation of toxicity and death of the organism [12].

54 *Thirdly*, the administration of copper salts into the organism is accompanied by its  
55 accumulation in the greatest amount in the liver, partly in the brain [13]. It makes it possible to  
56 calculate correctly the dose for young and old animals, taking into account the age-dependent  
57 changes in the mass of the target organ [14], that is, to carry out the correct gerontological  
58 experiment.

59 *Fourthly*, a violation of the copper metabolism system in the body is accompanied by  
60 the development of hepatocellular pathology – Wilson's disease with high mortality; the great  
61 practical importance is the study of the copper ions exchange features during repeated sequential  
62 administrations of copper sulfate into the body, capable of simulating this pathology [15].

63 *Fifth*, copper ions are one of the most widespread negative environmental factors.

64 Consequently, the study of the mechanisms of the formation of resistance in animals of  
65 different ages to copper ions is a good model in solving theoretical and practical problems of  
66 medicine. Other xenobiotics, including antibiotics, cause similar effects of the formation of  
67 biological resistance [16].

68 As known, a large number of specific copper-binding proteins, including  
69 metallothioneins (MTs), are involved in the exchange of copper ions in the body. It has been  
70 shown that MTs are inducible proteins and their content in the case of an increase in heavy metal  
71 ions, primarily cadmium and zinc, can increase by tens and hundreds of times [17]. The MT  
72 molecule is capable of binding from 1 to 6-8 metal atoms [18]. A hypothesis was put forward  
73 about the central role of MTs in the mechanisms of the organism adaptation to heavy metal ions  
74 [19].

75 Along with this, it was shown that the synthesis of MTs is induced not only by metal  
76 ions, but also by a wide range of other compounds [20; 21]. MTs belong to a large group of  
77 stress proteins [18]. In this regard, the role of MTs in the mechanisms of the formation of  
78 resistance to copper ions in animals of different ages has not been finally established. Previously,  
79 it was shown that repeated sequential administration of copper sulfate to animals leads to a  
80 number of effects, and these effects are age-dependent. They are rebalancing of the equilibrium  
81 in the prooxidant-antioxidant system towards prooxidants [22], restructuring in the immune  
82 system [23], the development of inflammatory reactions [24], and these manifestations are age-  
83 dependent [25]. Thus, there are systemic changes in the entire metabolism.

84 It can be assumed that in the process of the formation of the body's resistance to toxic  
85 compounds, a hierarchical change takes place, which is based on the age-related characteristics  
86 of the distribution and binding of copper ions to various cell ligands. MTs can play a dominant  
87 role in this process.

88 Earlier, in a model of infection of animals of different ages with *Pseudomonas*  
89 *aeruginosa* and *Escherichia coli*, it was shown that animals of different ages use different  
90 adaptation strategies [26].

91 *In this work*, we tested the hypothesis according to which copper ions bind both to  
92 specific copper-binding proteins and nonspecific proteins (various enzymes), at the background  
93 of which MT synthesis is induced. The MTs take part in the highly dynamic transfer of copper  
94 ions to various ligands and rearrangement in regulatory systems (redox system, enzymatic

95 system of regulation, gene expression). As a consequence, metabolic patterns are forming  
 96 capable of ensuring functioning at the background of high concentrations of copper in the cell.

97 To test this working hypothesis, the following was determined: the possibility of the  
 98 formation of resistance in animals of different ages after repeated administrations of copper  
 99 sulfate (testing of survival); intracellular distribution of copper ions in liver cells (mitochondria,  
 100 endoplasmic reticulum, total cytosolic proteins and MTs); MT inducing in animals of different  
 101 ages; and characterization of the redox system as one of the metabolic regulation systems in the  
 102 liver of rats of different ages (the content of lipid hydroperoxides, the activity of glutathione  
 103 peroxidase, glutathione reductase and aconitase).

104

## 105 2. Material and methods

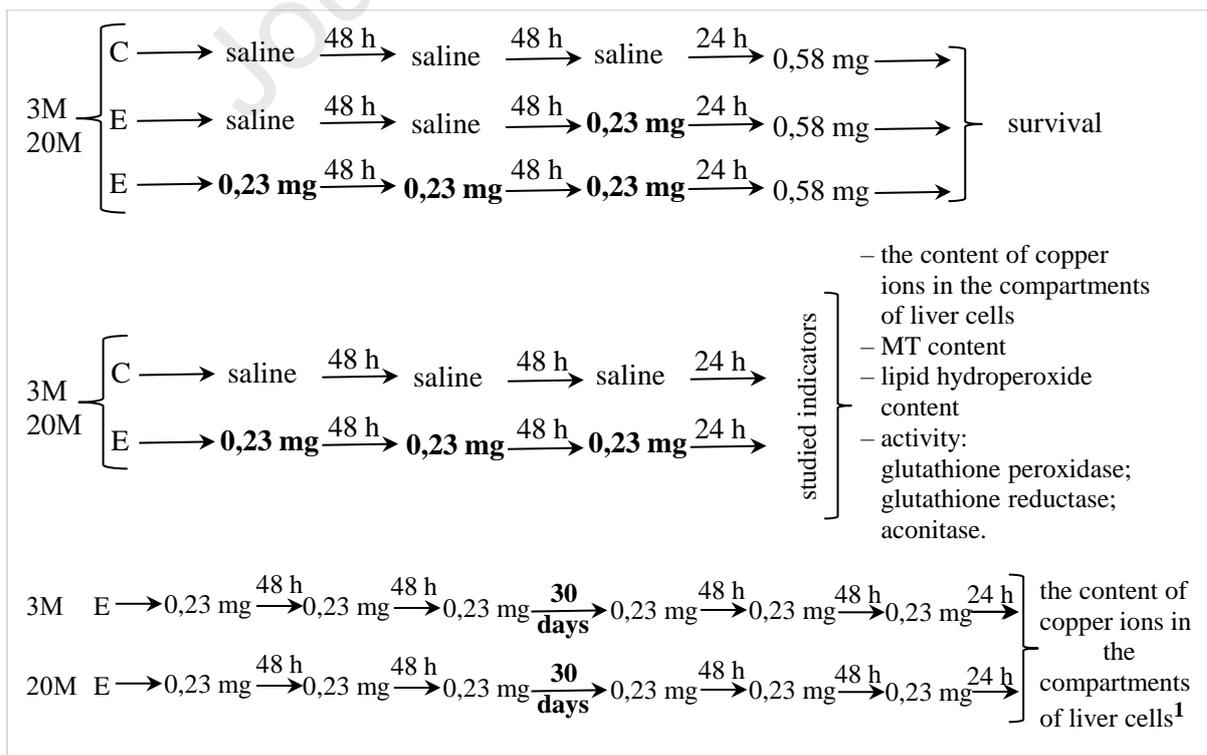
### 106 2.1. Experimental facilities

107 The experiments were carried out on young (3-month-old) and old (20-month-old) male  
 108 *Wistar* rats. The lethal dose of copper sulfate was determined experimentally in our laboratory  
 109 and it was shown that it is 2.5-3.0 mg / 100 g of body weight or 0.58-0.69 mg / 1 g of liver for  
 110 young (3-month-old) and for old (20-month-old) animals [27]. To induce an adaptive response,  
 111 young and old animals were injected intraperitoneally with copper sulfate in an amount of 0.23  
 112 mg / 1 g of liver three times, with an interval between injections of 48 hours. After 24 hours after  
 113 the last administration, the animals were injected with a lethal dose of copper sulfate (0.58 mg / 1  
 114 g of liver) and analyzed the survival rate according to Kaplan-Meier [28].

115 To determine biochemical parameters (Fig. 1), the animals were anesthetized with ether  
 116 and decapitated 24 hours after the last threefold administration of copper sulfate in an adaptive  
 117 dose (0.23 mg / 1 g of liver) (Fig. 1). Blood samples were collected after decapitation and used to  
 118 obtain serum.

119 The samples were kept in dry test tubes at a temperature of 15–20°C for 30 min,  
 120 centrifuged at 1000 g for 15 min, and serum was obtained.

121



122

123 **Fig. 1.** Scheme of the sequence administration of a copper (II) sulfate pentahydrate  
124 ( $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ ) in different doses (indicated by arrows, the adaptive dose is 0.23 mg / 1 g of the  
125 liver and the lethal dose is 0.58 mg / 100 g of body weight) to young (3 months old – 3M) and  
126 old (20-month-old – 20M) experimental animals (E) with an interval between administration of  
127 48 hours. The control group (C) of animals received saline.

128 <sup>1</sup> – the content of copper ions in the compartments of liver cells after its excretion after 30  
129 days and repeated three-fold administration at a dose of 0.23 mg / 1 g of liver.

130

## 131 2.2. Fractionation of liver cells

132 The liver (equal samples of 8 grams) were pressed and mixed with 100 mM tris-HCl  
133 buffer solution (pH 7.4) containing 250 mmol of sucrose, 5 mmol of KCl, and 1 mmol of  
134  $\text{MgSO}_4$ . The mixture was homogenized at 800 rpm for 1 min and filtered through a piece of  
135 nylon fabric.

136 Cytosol, mitochondria (electron microscopy was used to control the purity of the  
137 fractions) and endoplasmic reticulum (ER) (marker enzyme glucose-6-phosphatase was used as a  
138 control of purity) were isolated by differential centrifugation as described at [29].

139

## 140 2.3. Determination of low molecular weight proteins from cytosol

141 The liver cytosol was isolated by differential centrifugation after precipitation of  
142 mitochondria, membranes, and ER was purified by gel chromatography on a Sephadex G-75  
143 column (diameter 25 mm, gel height 400 mm). 30 g of Sephadex was suspended in Tris-HCl  
144 buffer (pH 7.4) and put on onto the column. The protein eluate was collected at a  
145 rate of 30 ml / hour. Fractions of 3 ml were collected into test tubes.

146 The protein content in the fractions was determined spectrophotometrically at 260 and  
147 280 nm (on a SHIMADZU UV-2600 spectrophotometer, Japan), and copper – in the same way  
148 as the content of copper ions in the cytosol fractions, low molecular weight proteins of the  
149 cytosol (LPC), ER, and mitochondria – an atomic adsorption spectrophotometer (s-115m1, AO  
150 "SELMI", Ukraine). We calculated the amount of copper per mg of protein for the corresponding  
151 fractions.

152 *The eluates of the liver cytosol of experimental animals, which contained the highest*  
153 *amount of copper* in comparison with other eluates of this group of animals, were attributed to  
154 the LPS fraction containing MT, and were also translated into the eluates of other groups of  
155 animals. Subsequently, the concentrate of these proteins was separated on a mass spectrometer  
156 by the MALDI-TOF method (point 3.1).

157  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  was additionally added to the obtained concentrates of these proteins in the  
158 *in vitro* system with a copper concentration of 0.25 mg / ml for MALDI-TOF separation to  
159 assess the specificity of the binding of copper ions to proteins (LPC).

160

## 161 3. Analytical methods

### 162 3.1. LPCs mass spectrometry

163 The LPCs isolated by gel chromatography were further investigated by the MALDI-TOF  
164 method. The samples were concentrated using a rotary evaporator and brought to the same  
165 protein concentration in the sample of 1.5 mg/ml. Mass spectrometric studies were performed on  
166 an Autoflex II LRF 20 Bruker Daltonics equipped with a pulsed nitrogen laser ( $\lambda = 337$  nm,  
167 pulse length 3 ns). The mixed with the matrix samples were applied to a standard steel target and  
168 dried at room temperature. Each mass spectrum is represented by the sum of 490 individual  
169 spectra. The studies were carried out in a linear device mode of operation with the positive and  
170 negative ions detection. The matrix for mass spectrometric analysis was prepared according to

171 standard procedures: 12 mg of sinapic acid (Fluka) was dissolved in 1 ml of a 1:1 (v/v) mixture  
172 of water-isopropanol alcohol with the addition of 0.1% trifluoroacetic acid. The obtained results  
173 analysis was carried out using the open software ProteoWizard  
174 (<http://proteowizard.sourceforge.net>), mMass (<http://www.mmass.org>) и OpenMS  
175 (<https://www.openms.de>).  
176

### 177 3.2. Determination of the lipid hydroperoxides (HPL)

178 The mitochondria swelling were recorded by changing the optical density in a  
179 thermostated (37°C) cuvette with constant agitation by spectrophotometer Specord UV VIS  
180 (Germany) at 610 nm. The incubation medium composition was the following: 10 mM Tris-HCl,  
181 pH 7.4, 0.25 M sucrose, 5 mM KH<sub>2</sub>PO<sub>4</sub>, 5 mM rotenone, 2 mM succinate and 25 mM CaSO<sub>4</sub>.  
182 The lipid hydroperoxide (HPL) content in liver microsomes and mitochondria was determined  
183 by means of the Ohkawa et al. method [30]. The HPL content in serum was determined as  
184 previously described in [31]. The absorption spectrum of the colored product was recorded on  
185 double-beam spectrophotometer Specord UV VIS, measuring the difference in extinction at 535  
186 and 520 nm [32]. The HPL content was expressed in equivalent amounts of using a molar  
187 extinction coefficient of  $1.56 \times 10^5 \times M^{-1} cm^{-1}$ . The activity was expressed in nmol MDA/mg  
188 protein.  
189

### 190 3.3. Glutathione peroxidase activity

191 Glutathione peroxidase activity (GPx, CP 1.11.1.9) was determined in cytosolic fractions,  
192 and liver mitochondria by spectrophotometry at 340 nm with the help of the method of [33] in 50  
193 mM K<sup>+</sup>, Na<sup>+</sup> phosphate buffer (pH 7.4) containing 1 mM EDTA, 0.15 mM NADPH, 1 unit of  
194 yeast glutathione reductase, 0.2% Triton X-100 and 3 mM Na azide to inhibit KAT. 1.2 mM  
195 cumene hydroperoxide and 0.4 mM hydrogen peroxide were added. Incubation temperature was  
196 37°C. The activity was expressed in nmol NADPH/min per mg of protein or ml of serum  
197 considering a molar extinction coefficient  $6.22 \times 10^3 \times M^{-1} cm^{-1}$ .  
198

### 199 3.4. Activity of glutathione reductase

200 The activity of glutathione reductase (GR EC 1.6.4.2) in liver mitochondria was  
201 measured spectrophotometric by decrease of NADPH [34] in a medium containing 50 mM K<sup>+</sup>  
202 phosphate buffer, pH 7.4, 1 mM EDTA, 0.16 mM NADPH, 1 mM GSSG, 0.2% Triton X-100.  
203 The incubation temperature was 37°C. The activity was expressed in nmol NADPH/min · mg  
204 protein with consideration of the coefficient of molar extinction  $6.22 \times 10^3 \times M^{-1} cm^{-1}$ .  
205

### 206 3.5. Activity of aconitate hydratase

207 The activity rate of aconitate hydratase (aconitase, EC 4.2.1.3) was measured according  
208 to the procedure described in [35] and expressed in nmol of aconitate per 1 mg of proteins using  
209 the molar extinction coefficient  $3.6 mM^{-1} cm^{-1}$ .  
210

### 211 3.6. Total protein content

212 The content of total protein in samples was assayed using the method of Lowry et al.  
213 [36].  
214

## 215 3.7. Bioethical standards

216 Experiments for laboratory animals to assess the effect of copper sulfate were carried out  
 217 in agreement with the bioethical committee of V.N. Karazin Kharkov National University, which  
 218 is guided by the provisions of the "European Convention for the Protection of Vertebrate  
 219 Animals used for Experimental and other Scientific Purposes" (Strasbourg, March 18, 1986) and  
 220 "International Recommendations (Code of Ethics) for the conduct of biomedical research using  
 221 animals" (Council of International scientific organizations, 1985).

222

## 223 3.8. Statistical analyses

224 The mean, standard deviation, standard error of the mean, and sample size were used as  
 225 characteristics of the obtained samples. The statistical significance of differences between data  
 226 groups was assessed using the nonparametric Mann-Whitney U-test. Statistical processing of the  
 227 results was carried out using the "Excel" program. Differences between the data of the control  
 228 and experimental variants were considered significant at  $p < 0.05$ .

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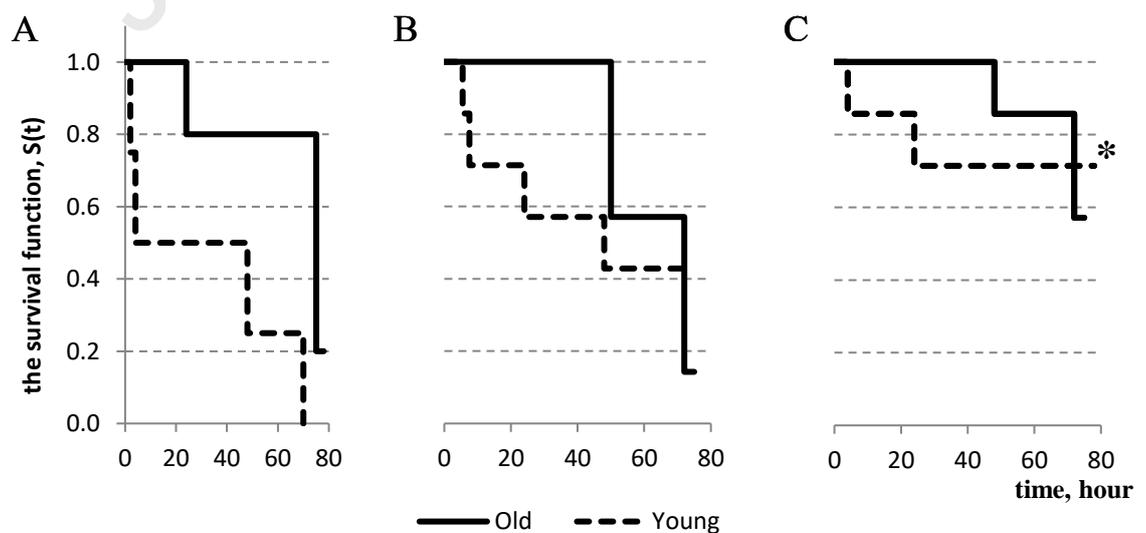
## 230 4. Results

## 231 4.1. Induction of resistance to lethal doses of copper sulfate in young and old animals

232

233 Intraperitoneal injection of copper sulfate to young rats (3 months) at a dose of 2.5 mg /  
 234 100 g of body weight (or 0.58 mg / 1 g of liver weight) led to the death of 50% of the animals in  
 235 4 hours after administration, and by 72 hours all animals of this group died (Fig. 2.A, young). If  
 236 copper sulfate was administered to old animals (20 months) at the same dose – 0.58 mg / 1 g of  
 237 liver weight, then the death of the animals occurred much later: by the 48th hour of the  
 238 experiment, 80% remained alive, by the 72nd hour the survival rate was 20% old animals (Fig.  
 239 2.A, old). However, the statistical power was not enough to reject the null hypothesis, so at this  
 240 stage it cannot be argued that old animals showed greater resistance to a lethal dose.

241



242

243 **Fig. 2.** A – the number of animals that survived according to Kaplan-Meier (assessment  
 244 of the survival function) after the administration of copper sulfate in a lethal dose (0.58 mg / 1 g  
 245 of liver weight) in the case of young animals and old animals (7 animals per group); B – the  
 246 number of animals that survived after a preliminary single administration of a small adaptive

247 dose (0.23 mg / g liver) of copper sulfate, and after 24 hours the same animals received a lethal  
248 dose for young and old animals, respectively (7 animals per group); C – the number of animals  
249 that survived after 3 preliminary injections of a small adaptive dose and, accordingly, a lethal  
250 dose for young and old animals (7 animals per group). \* – significant differences  $p < 0.05$  in  
251 young animals receiving three adaptive injections (Fig. C) in comparison with their control (Fig.  
252 A) (log-rank criterion).

253

254 In order to study the ability of young and old animals to adapt to the action of copper  
255 sulfate, the animals were preliminarily administrated with copper sulfate in small doses (0.23 mg  
256 / 1 g of liver weight), followed by the administration of a lethal dose of copper sulfate (0.58 mg /  
257 1 g liver). So, it turned out, that the temporal nature of the induced resistance depended on the  
258 age of the animals: in the old, death occurred later than in the young, but at the same time, after  
259 48 hours, it was on the contrary more (Fig. 2.B). However, it is again impossible to talk about  
260 significant differences at this stage.

261 Finally, after three times, the administration of small doses of copper ions (Fig. 2.C)  
262 followed by the administration of a lethal dose in the group of young and old animals by the  
263 third day, a well-pronounced effect of resistance to a lethal dose of copper sulfate (hormesis) was  
264 manifested. Thus, 71% survived in the young group and 57% in the old group, but we can speak  
265 about the reliability of the data obtained only for young animals (Fig. 2.C).

266 It is also important to note that the introduction of adaptive doses (single and triple),  
267 which amounted to 40% of the lethal dose, did not lead to the death of animals, both during the  
268 setting of the survival scheme for this part of the work, and during the setting of other schemes  
269 with the introduction of copper sulfate described in this work (Fig. 1).

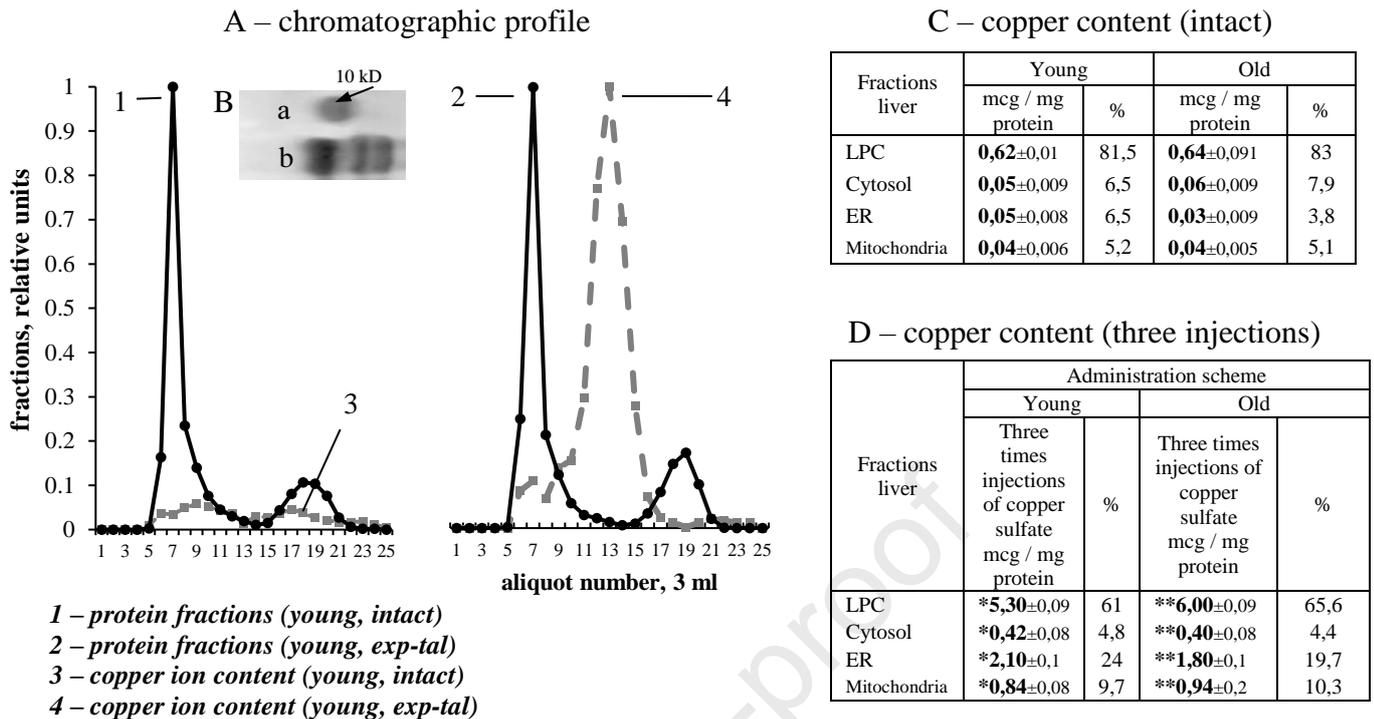
270 These results allow us to conclude that repeated preliminary administration of small  
271 doses of copper sulfate induces the formation of resistance to subsequent lethal doses. At the  
272 same time, death in a group of young and old animals may have a different temporal character,  
273 which suggests that death in different age groups was caused by different reasons and, possibly,  
274 old animals used other strategies of adaptation to the action of this toxicant; and this statement is  
275 consistent with the data on the distribution of copper ions (section 4.2) and mass spectrometry of  
276 proteins of the liver cytosol of experimental animals (section 4.3) described in this work.

277

278 *4.2. Intracellular distribution of copper ions in animals of different ages with various schemes of*  
279 *copper sulfate administration.*

280

281 Low molecular weight proteins (LPS) were isolated from liver cytosol fractions. So, if the  
282 animals were previously injected three times with copper sulfate in an adaptive dose (for the  
283 example of young ones), then when comparing the concentration of copper in the obtained  
284 fractions, it was possible to observe its increase with a maximum in aliquots No. 11-15 (Fig. 3.A,  
285 curve 4). At the same time, such an increase was not observed in intact animals (Fig. 3.A, curve  
286 3). The proteins that were in these aliquots and whose distribution was identical in both the  
287 experimental and the intact group (Fig. 3.A, curves 1 and 2) had a molecular weight (MW) of no  
288 more than ~10 kDa. This fraction of proteins was summarized as LPS, and judging by the  
289 concentration of copper in the experimental animals, it was assumed that it contained  
290 metallothioneins (MTs). Subsequently, aliquots with a fraction of these proteins were analyzed by  
291 the MALDI-TOF method (section 4.3).



292

293

**Fig. 3.** A – chromatographic profile (Sephadex G-75) of the liver cytosol, normalized to the maximum copper concentration, which were obtained in intact young animals (1) and animals after three consecutive administration of copper sulfate at a dose of 0.23 mg / 1 g of liver weight (2); as well as the content of copper ions per mg of protein in these fractions in intact animals (3) and animals after three consecutive administration of copper sulfate at the same dose (4); B – electrophoretic separation of these proteins that bound copper ions (fractions 11-15) were separated in PAGE: marker protein (a); experimental sample (b). C is the content of copper ions in the intact liver fractions of young and old animals; D – the content of copper ions in the liver fractions of young and old animals 24 hours after three injections of small doses of copper sulfate (0.23 mg / g liver) with an interval of 48 hours after the administration. Each group contained 3 animals for the isolation of proteins for chromatography and 5 animals in a group for biochemical studies. \*/\*\* – the variants are marked in which  $p < 0.05$  in young/old experimental animals (Fig. D) in comparison with their intact level (Fig. C).

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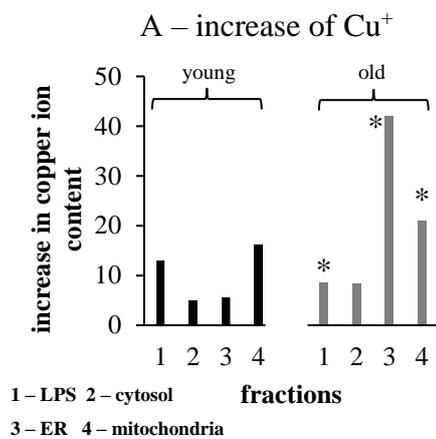
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320

In order to determine the specificity of the binding of copper ions to the isolated LPC, the content of copper ions in the cytosol, ER and mitochondria of the liver was determined. It was found that in intact young and old animals, 81.5-83.0% of copper ions are localized in the LPC, and from 4 to 8% of copper ions are associated with proteins of the cytosol, ER and mitochondria (Fig. 3.C). In the event that young animals were administrated three times with copper sulfate, then only 61% of copper ions were associated with LPC, 24% in ER, almost 10% in mitochondria, and 4.8% with cytosolic proteins, and this did not depend on age (Fig. 3.D). Consequently, after a three-fold sequential administration of copper sulfate to animals, which was accompanied by the induction of resistance to lethal doses of copper, the preferential binding of copper to LPC was "disrupted" and it bounded in large quantities with ER, mitochondria and other proteins, that is, no specific or preferential increase in the content of copper ions in these fractions was observed.

When comparing the degree of increase in copper ions after three consecutive injections of adaptive doses of copper sulfate in comparison with intact animals, it turned out that the

321 pattern of copper distribution in the studied fractions was different in young and old animals.  
 322 (Fig. 4.A).  
 323



B – copper content after 30 days

Fractions	Young	Old
	mcg / mg protein	mcg / mg protein
LPC	0,63±0,12	0,63±0,1
Cytosol	0,039±0,01	0,034±0,01
ER	0,05±0,01	0,040±0,01
Mitochondria	0,044±0,008	0,037±0,009

C – copper content after 30 days (re-introduction)

Fractions	Young	Old
	mcg / mg protein	mcg / mg protein
LPC	15,3±0,91	*30,0±0,85
Cytosol	0,205±0,08	*0,877±0,05
ER	0,250±0,08	*0,61±0,09
Mitochondria	0,475±0,07	*1,764±0,10

324 **Fig. 4.** A – an increase in the content of copper ions in different fractions of liver cells:  
 325 LPC (1), cytosol (2), ER (3) and mitochondria (4) after three consecutive administration of  
 326 copper sulfate in an adaptive dose of 0.23 mg / 1 g liver compared with the initial (intact) level in  
 327 young and old animals, respectively, B – the content of copper ions in the studied fractions in  
 328 young and old animals a month after three consecutive administrations of copper sulfate, C – the  
 329 content of copper ions in these fractions of liver cells, young and old animals, which were  
 330 administrated three times with small doses of copper sulfate, and 30 days later they were re-  
 331 administered the same adaptive doses of copper sulfate (re-introduction). \* – variants p<0.05  
 332 were noted in old experimental animals compared with young experimental animals against the  
 333 background of repeated administration of copper sulfate after 30 days (re-induction).  
 334

335 The characteristic of the response to repeated influences of the same factor in some time  
 336 after the primary influence (long-term consequences) is of great interest in the study of  
 337 adaptation mechanisms. It was found that 30 days after three consecutive injections of copper  
 338 sulfate, its content in the liver fractions did not differ from the initial level (Fig. 3.C – intact  
 339 level, 4.B – 30 days after three injections of CuSO<sub>4</sub>\*5H<sub>2</sub>O). That is during this time, copper ions  
 340 were completely removed from the body. If the same animals were again administrated three  
 341 times with copper sulfate (that is, the second cycle of influences) (Fig.4.B), then its content in  
 342 the LPC was increased by 2.9 times in young animals compared to the first cycle of  
 343 administration (Fig. 3.D ; 4.B, young), and in old animals, the content of copper ions in LPC was  
 344 2 times higher than in young animals and 5.6 times higher than their intact level  
 345 (Fig 3.C; 4.B, old), and amounted to 30 µg Cu<sup>2+</sup> per mg protein. At the same time, the content of  
 346 copper ions in the fraction of cytosol, ER and mitochondria in young animals, on the contrary,  
 347 was reduced by 2.2; 4.4; and 1.8 times in comparison with the first cycle of copper sulfate  
 348 administration, while in old ones, on the contrary, it increased 2 times in the cytosol and  
 349 mitochondria, and decreased 3 times in ER, i.e. the intracellular distribution pattern of copper  
 350 ions is changed (Fig. 3.C,D; 4.B.C). Consequently, after repeated administration of copper  
 351 sulfate in young animals, 94% of copper ions were bound to LPC, and 90% in old animals, i.e.  
 352 there was an increase in the degree of "specificity" of the binding of copper ions with LPC in  
 353 comparison with the first cycle of injections (81.5% and 83.0%). Despite such a high content of  
 354 copper ions in the fractions, it had no significant changes in the functional properties of the liver.

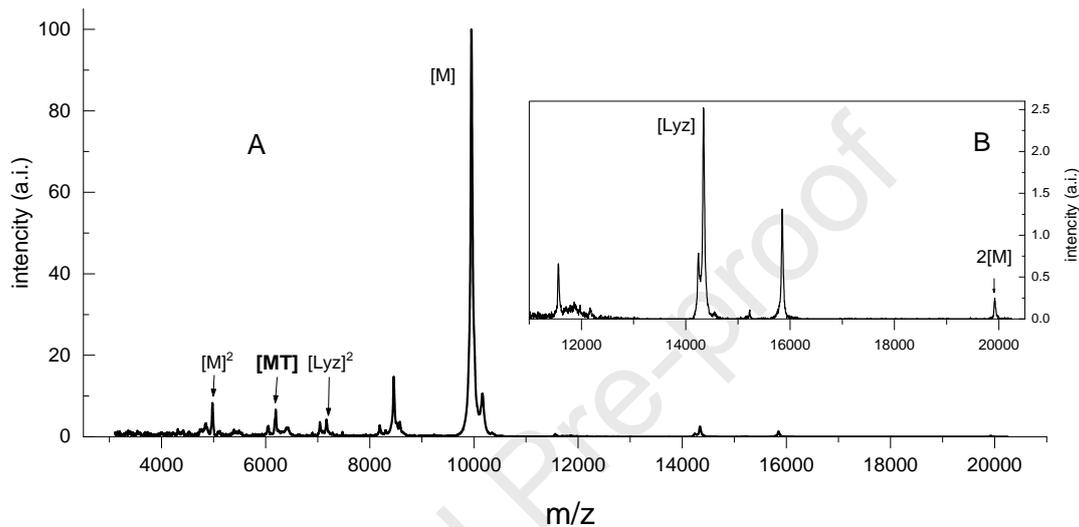
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356 4.3. Characterization of liver metallothioneins in intact and adapted to copper ions in young and  
 357 old animals.

358

359 The LPC isolated by gel chromatography were further investigated by the MALDI-TOF  
 360 method. The obtained spectra have common features: the most intense peaks are in the range  
 361 from 5000 to 10000 m / z. The intensity of the peaks in the 11,000-20,000 m / z range is much  
 362 lower, so they are shown separately at 40x magnification (Fig. 5.A; B).

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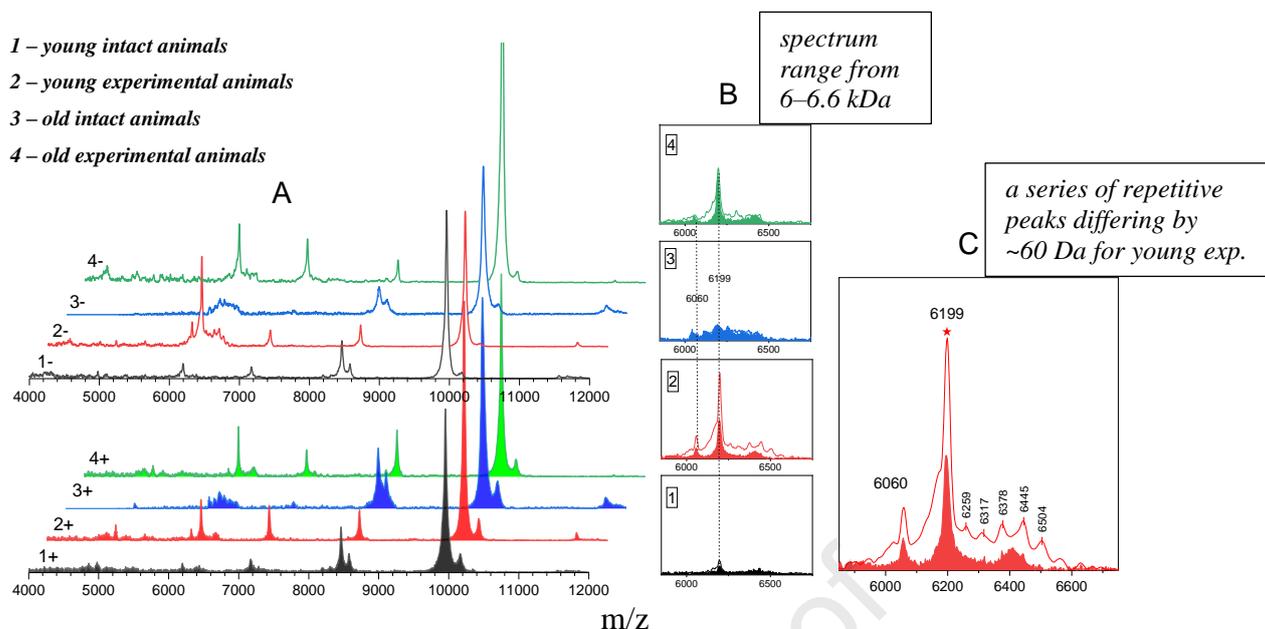
364 **Fig. 5.** A – general view of the spectra with the identification of the main peaks of the  
 365 LPC. The main ion [M], it's doubly charged ion [M] 2, singly charged dimer 2 [M], lysozyme  
 366 [Lyz] (m = 14332 Da) for additional calibration, its doubly charged ion [Lyz] 2. [MT] – region  
 367 with 6200 m / z – metallothioneins, B – part of the spectrum in the region 11000 – 20000 m / z  
 368 increased 40 times. A typical curve from three independent experiments is shown.

369

370 So, at this stage of the study, we were interested in studying the interaction of proteins  
 371 (LPS) with metals against the background of the introduction of adaptive doses of copper sulfate  
 372 (40% of the lethal dose). In the case of the formation of a protein compound with one or more  
 373 copper atoms, the resulting complex will appear on the MALDI spectra in the form of a  
 374 sequential peak/s located to the right of the main peak, which will differ from it by the mass of  
 375 one or several copper atoms (its mass is about 60 Da). Such a structure with a series of regularly  
 376 repeating peaks was found in the range of 6000-6600 Da for the spectra of young experimental  
 377 animals receiving adaptive introduction of copper (complexes from 1 to 5 copper atoms are  
 378 shown) (Fig. 6.C).

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383 **Fig. 6.** Individual MALDI-TOF spectra of low molecular weight proteins of the liver  
 384 cells' cytosol in the registration mode of positive (+, curves with filling) and negative (-, curves  
 385 without filling) ions: A – young intact animals (1), old intact animals (3), young animals that  
 386 were administrated three times with copper sulfate at a dose of 0.23 mg / 1 g of liver (2) and old  
 387 animals, which were administrated with copper three times at a dose of 0.23 mg / 1 g of liver (4),  
 388 respectively, in the case of positive (+) and negative (-) registration of spectra. B – the region of  
 389 individual MALDI-TOF spectra with the main peak  $m/z = 6200$ , assigned to metallothioneins,  
 390 respectively for options 1-4. C – spectrum of metallothioneins and its complexes with copper  
 391 atoms for young rats treated with copper sulfate three times at a dose of 0.23 mg / g liver. A  
 392 typical curve from three independent experiments is shown.

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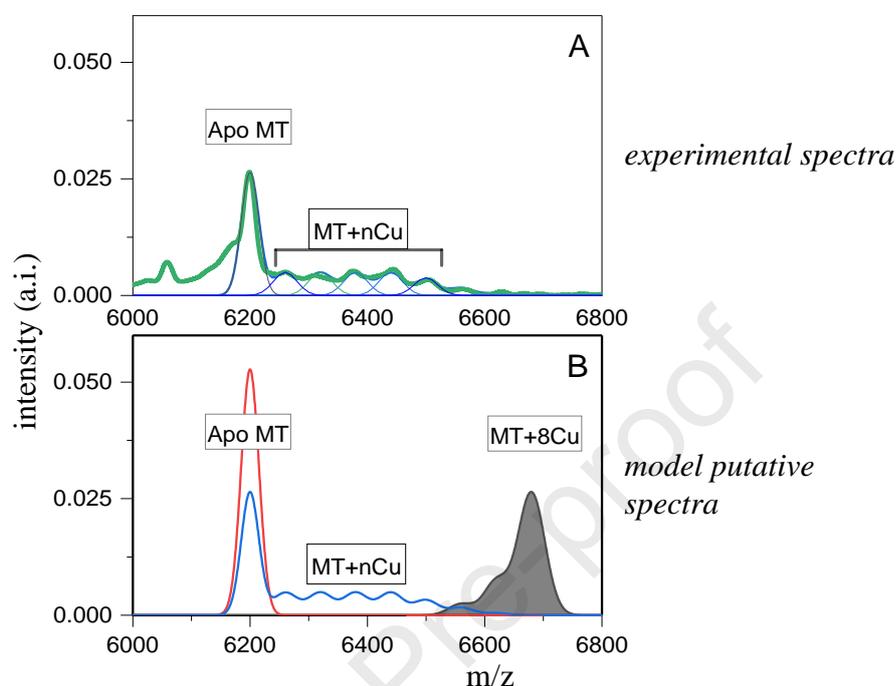
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The main peak falls on a protein with a MW of 6200 Da, which falls within the range of masses expected for specific metal-binding proteins [17; 18]. Thus, based on the above, we can classify the 6200 Da protein as MT, while a comparative analysis of the spectra in different experimental groups shows that in intact young animals the peak at 6200  $m/z$  corresponding MT is weakly expressed (Fig. 6.B.1). At the same time, in intact old animals, the content of this protein was presented in a significantly greater amount than in young ones (Fig. 6.B.3). Consequently, MTs are present in intact animals and their content in old animals exceeds those in young ones before the administration of copper sulfate, i.e. the initial MTs level is higher in old animals than in young ones. In young animals receiving triple copper sulfate, which was accompanied by the induction of resistance to copper ions, the protein content with a molecular weight of about 6200 Da increased many times compared to the intact level, that is, induction of the synthesis of these proteins took place (Fig. 6.B.2). Their content also increased in old animals after the administration of copper sulfate (Fig. 6.B.4), although to a lesser extent. Consequently, the formation of resistance to copper sulfate was accompanied by the induction of MTs synthesis in young and old animals. However, it is not clear what their contribution to the mechanisms of induced stability.

As seen in Fig. 6.C MTs with a MW of about 6200 Da are capable of binding five or more copper atoms. It is known that MTs can bind metal ions based on two mechanisms: cooperative and non-cooperative. In the first case, it is assumed that the affinity for metals in MTs increases with each attached atom, and in the second case, each atom is attached independently of the others, i.e., previously bound to MTs [18]. In the case of the cooperative mechanism of MTs binding to copper, the equilibrium will be shifted towards filling a larger number of MTs binding sites with metal – up to seven or eight with a sufficient amount of

417 copper in the medium, and such binding should be practically irreversible. The affinity for  
 418 copper atoms would be very high, several orders of magnitude higher than the affinity for copper  
 419 for other proteins. Such complexes on the MALDI-TOF spectra can be recorded in the range  
 420 6500-6700  $m/z$  (Fig. 7.B.MT+8Cu), however, this was not observed in real spectra (Fig. 6.B).



421  
 422 **Fig. 7.** Examples of MALDI-TOF spectra for different models of MTs binding to copper.  
 423 A – experimentally obtained MALDI-TOF spectrum for young animals receiving copper sulfate  
 424 (green curve) and its model spectrum (blue curves). B – model spectra for three different cases:  
 425 experimentally obtained spectrum (MT + nCu), MTs that did not bind copper ions (apo- MT),  
 426 expected spectrum for pronounced cooperative copper binding (MT + 8Cu).  
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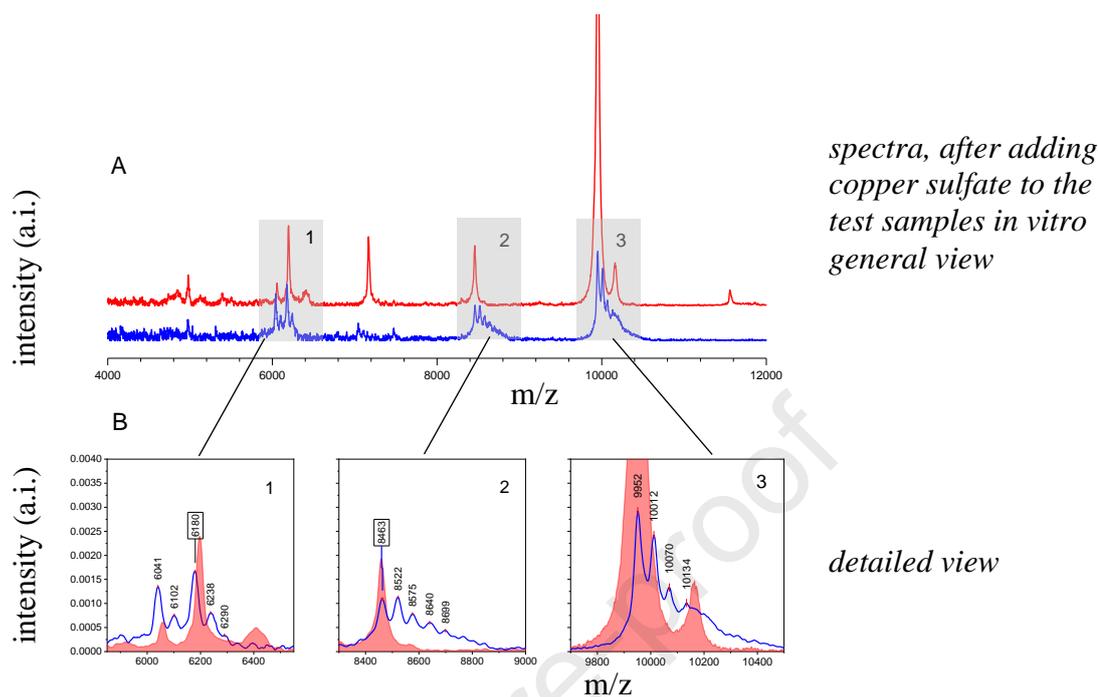
428 According to the data of the intracellular nature of the distribution of copper ions in the  
 429 cell compartments, only part of the copper is bound to MTs, the rest of the copper does not enter  
 430 into a complex with MT, but is bound to other proteins. The data obtained suggest that the  
 431 mechanism of copper binding in MTs does not correspond to the cooperative model, but to a  
 432 greater extent corresponds to the model of non-cooperative binding of copper to MTs. It follows  
 433 from this that copper ions are weakly bound to MTs and can be easily transferred to other  
 434 proteins.

435 The reversibility of the binding of copper ions to MTs indicates that MTs are able not  
 436 only to function as a temporary depot for copper atoms, but also to transfer copper to other  
 437 proteins, that is, they also perform a transport function, and they are capable of highly dynamic  
 438 exchange of copper with other ligands.

439 This is also supported by the data on the formation of complexes of various proteins with  
 440 copper included in the LPC (and, probably, other proteins) after the administration of  
 441  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  into the system *in vitro*. For this purpose,  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  was additionally introduced  
 442 into the obtained samples at a concentration of 0.25 mg per 1 ml; the aim was to investigate the  
 443 binding specificity *in vitro* by providing copper ion availability to all proteins in the samples.

444 It turned out that complexes with copper, which were previously observed only for MTs,  
 445 after addition in the *in vitro* system, were now revealed for almost all proteins that are present in  
 446 the MALDI-TOF spectra (Fig. 8). Under such conditions, we did not find binding specificity,

447 that is, MTs do not show high affinity for copper in comparison with other proteins of the liver  
 448 cytosol, at least in the *in vitro* system.



*spectra, after adding  
 copper sulfate to the  
 test samples in vitro  
 general view*

*detailed view*

449

450

451 **Fig. 8.** Typical spectra after adding  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  to low molecular weight proteins of the  
 452 cytosol in an *in vitro* system for young experimental animals: the red spectrum corresponds to  
 453 the spectrum in Fig. 6.A.2, and the blue – after adding  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  to the LPS samples of the  
 454 same groups of animals at a concentration of 0.25 mg per 1 ml. A – General view of the  
 455 spectrum. B – Detailed view of the spectra of copper complexes (1, 2 and 3).

456

457 Clearly, it cannot be ruled out that the binding of copper ions to proteins in the *in vitro*  
 458 system differs from the binding of copper in the cell *in vivo*. However, the results indicate that  
 459 MTs bind copper ions non-cooperatively, while they are able to bind relatively large amounts of  
 460 copper (up to 6-8 atoms), in contrast to other cell proteins, as shown in the model (fig. 7.B). But,  
 461 they “easily” “give” it to other proteins, i.e., they are able to perform a transport function, and  
 462 not the function of a neutral depot. The results suggest the functioning of the resistance  
 463 formation mechanism to high doses of copper sulfate - by the mechanism of "functional systemic  
 464 restructuring" of specific and nonspecific components of the cell, providing copper exchange in  
 465 the liver and the body as a whole.

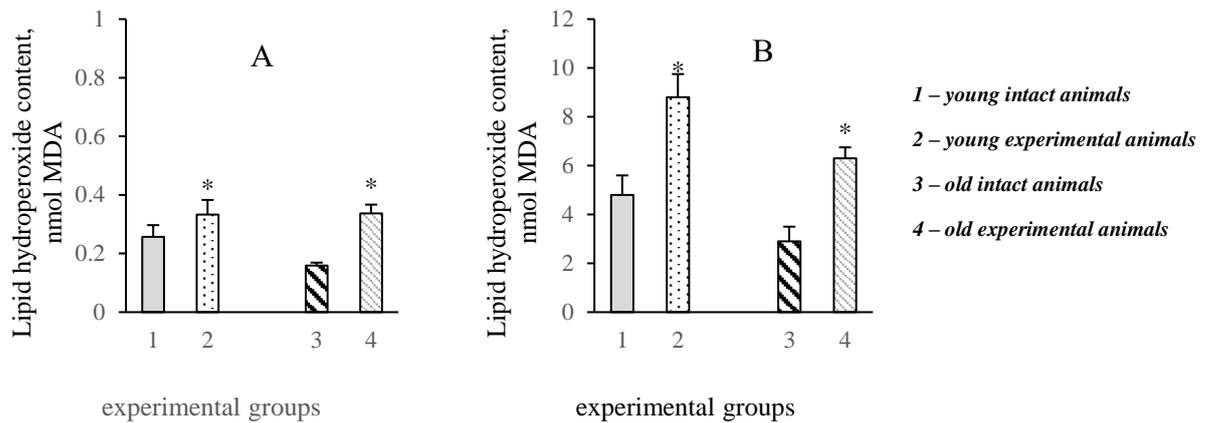
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467 *4.4. Influence of "excessive" binding of copper ions with components of liver cells on their*  
 468 *functional activity.*

469

470 When considering the toxic effect of heavy metal ions, two mechanisms are most often  
 471 discussed: 1 – induction of oxidative stress; 2 – complexation with enzymes or other functionally  
 472 active macromolecules and, as a consequence, suppression of their activity [37; 38]. It turned out  
 473 that a multiple increase in the content of copper ions in mitochondria was accompanied by a  
 474 slight increase in the content of lipid hydroperoxides (HPL) in mitochondria in young and old  
 475 animals by 29-35%, respectively (Fig. 9.A).

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experimental groups

experimental groups

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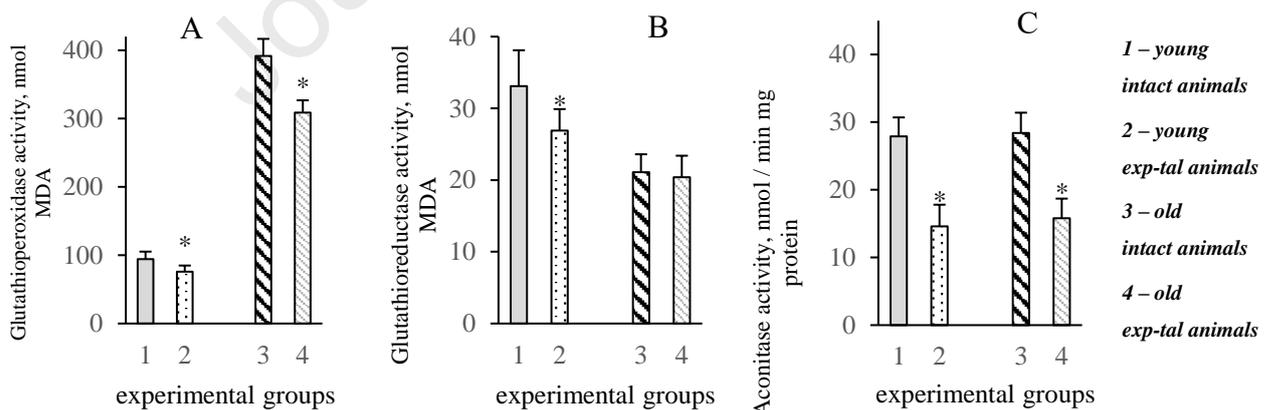
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**Fig. 9.** Content of HPL in mitochondria (A) and blood serum (B) in intact young animals (1), young animals after three administration of copper sulfate (2) and, accordingly, in intact old animals (3) and old animals after three consecutive administrations copper sulfate (4) (there were 6 animals in each group). \* –  $P < 0.05$  between young/old animals receiving triple copper sulfate in relation to their intact control.

The content of HPL was also increased in the blood serum of young and old animals by 102% and 90%, respectively (Fig. 9.B). This indicates in animals that were administrated three times with copper sulfate, the equilibrium in the prooxidant-antioxidant system was the body is biased towards prooxidants and depends little on age.

As is known, the content of the products of free radical reactions depends on the relationship between the induction of reactive oxygen species by copper ions and the activity of the antioxidant system [39]. In the next series of experiments, the activity of the key enzyme of the antioxidant defense – glutathione peroxidase – was determined in mitochondria, which contained a large amount of copper ions. We found that copper ions inhibit its activity by only 15-25%, respectively, in young and old animals. This change correlated with an increase in the content of hydroperoxides in mitochondria (Fig. 10.A).



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**Fig. 10.** Activity of glutathione peroxidase (A), glutathione reductase (B) and aconitase (C) in liver mitochondria in intact young animals (1), young animals after three administration of copper sulfate (2) and, accordingly, in intact old animals (3) and old animals after three consecutive administration of copper sulfate (4) (there were 6 animals in each group), \* –  $P < 0.05$  between young/old animals receiving triple copper sulfate in relation to their intact control.

It is known that glutathione reductase is another enzyme of the glutathione cycle. Its activity in mitochondria "loaded" with copper ions was slightly reduced in young animals by 30%, while in the mitochondria of old animals it did not differ from the control level (Fig. 10.B).

506 The most important indicator of the functional activity of mitochondria is the activity of  
507 aconitase. In our investigation, an increase (16 times) in the content of copper ions in  
508 mitochondria compared to the control level was accompanied by a loss of aconitase activity in  
509 mitochondria only by 47.7% and 44.4% compared to control, in young and old animals,  
510 respectively (Fig. 10. C). A decrease in aconitase activity in mitochondria correlated with an  
511 increase in the content of HPL in the body.

512 The results obtained allow us to conclude that sequential threefold administration of  
513 adaptive doses (0.23 mg / 1 g of liver) of copper sulfate, which was accompanied by a multiple  
514 increase in the content of copper ions in the ER and mitochondria, slightly increased the content  
515 of hydroperoxides, which correlated with inhibition of glutathione peroxidase and aconitase, and  
516 this did not depend on the age of the animals. Consequently, despite the multiple increases in  
517 the content of copper ions in the compartments of the liver cell, with the sequential  
518 administration of adaptive doses of copper sulfate, the functional activity of the enzymes  
519 changed insignificantly, and oxidative stress is manifested to a small extent compared to the  
520 increase in the content of copper ions. Subsequent administration of lethal doses of copper  
521 sulfate to such animals did not lead to their death. This suggests that the mechanism of induced  
522 resistance to lethal doses is realized at different hierarchical levels, at least at the level of  
523 induction of stress proteins, and at the level of molecular acclimation, i.e. the formation of  
524 "resistance" of proteins to any negative environmental factor, in this case to high concentrations  
525 of copper ions.  
526

## 527 5. Discussion

528 The results of the study allow us to conclude:

529 1 – the sequential administration of copper sulfate small doses (about 30% of the lethal  
530 dose) ensured the resistance formation to subsequent lethal doses of copper sulfate. The old ones  
531 differed from the young ones in the temporal characteristics of the adaptive process, which may  
532 indicate that animals of different ages use different mechanisms of the formation of resistance to  
533 toxicants;

534 2 – in liver cells of intact young and old animals, more than 80% of copper ions are  
535 associated with MTs. The MTs content in the liver cytosol in old animals before the  
536 administration of copper sulfate was higher than in young animals, i.e. the baseline in the old  
537 was different from the baseline in the young;

538 3 – three-fold sequential administration of small adaptive doses of copper sulfate to  
539 animals was accompanied by an increase in MTs content in liver cells of young animals and, to a  
540 lesser extent, in cells of old animals. At the same time, the content of copper ions bound to MTs  
541 decreased and amounted to about 60% of all copper, which bound to mitochondrial proteins, ER,  
542 and cytosolic proteins, that is, the content of copper ions bound to other ligands is increased;

543 4 – copper ions bind to MTs non-cooperatively and, probably, are easily redistributed  
544 over the cell compartments; MTs provide transport of copper in the cell. As is known, the  
545 molecules of MTs are characterized by a high dynamism of the secondary structure (double  
546 folding), and the tertiary structure consists of two clusters and, due to the high content of  
547 cysteine, they bind Cu and Zn ions. These bonds are characterized by a large variability of the  
548 energy of coordination bonds, and different metals are characterized by different affinities to  
549 MTs (Ag > Hg > Cu > Gl > Zn > Co) [40]. This feature of the binding of metal ions, in particular  
550 copper, provides a high bioavailability of the metal, which is confirmed by the results of this  
551 work. For Zn ions, the possibility of transfer from albumin to MTs and further to other proteins,  
552 which have a larger binding constant, has been shown [41];

553 5 – an increase in the content of copper ions by tens of times in the fractions of  
554 mitochondria and ER was accompanied by a slight inhibition of antioxidant enzymes and an  
555 increase in the products of free radical reactions. This can be considered as a regulatory  
556 mechanism for adaptation to the action of a toxicant, that is, in the process of adaptation, the

557 binding capacity of proteins in relation to copper increased without a proportional inhibition of  
558 their activity;

559 6 – a study of the long-term effects of the copper sulfate action, i.e. the administration of  
560 copper sulfate in two series with an interval between injections of one month, showed the  
561 presence of an age-dependent nature of the intracellular distribution of copper ions and a  
562 significant increase in the degree of copper binding to MTs; in old animals and to other cell  
563 compartments while maintaining their main functional activity. This suggests the presence of a  
564 mechanism of molecular acclimation (adaptation of protein molecules to one of the  
565 environmental factors, in this case to an excess amount of copper ions).

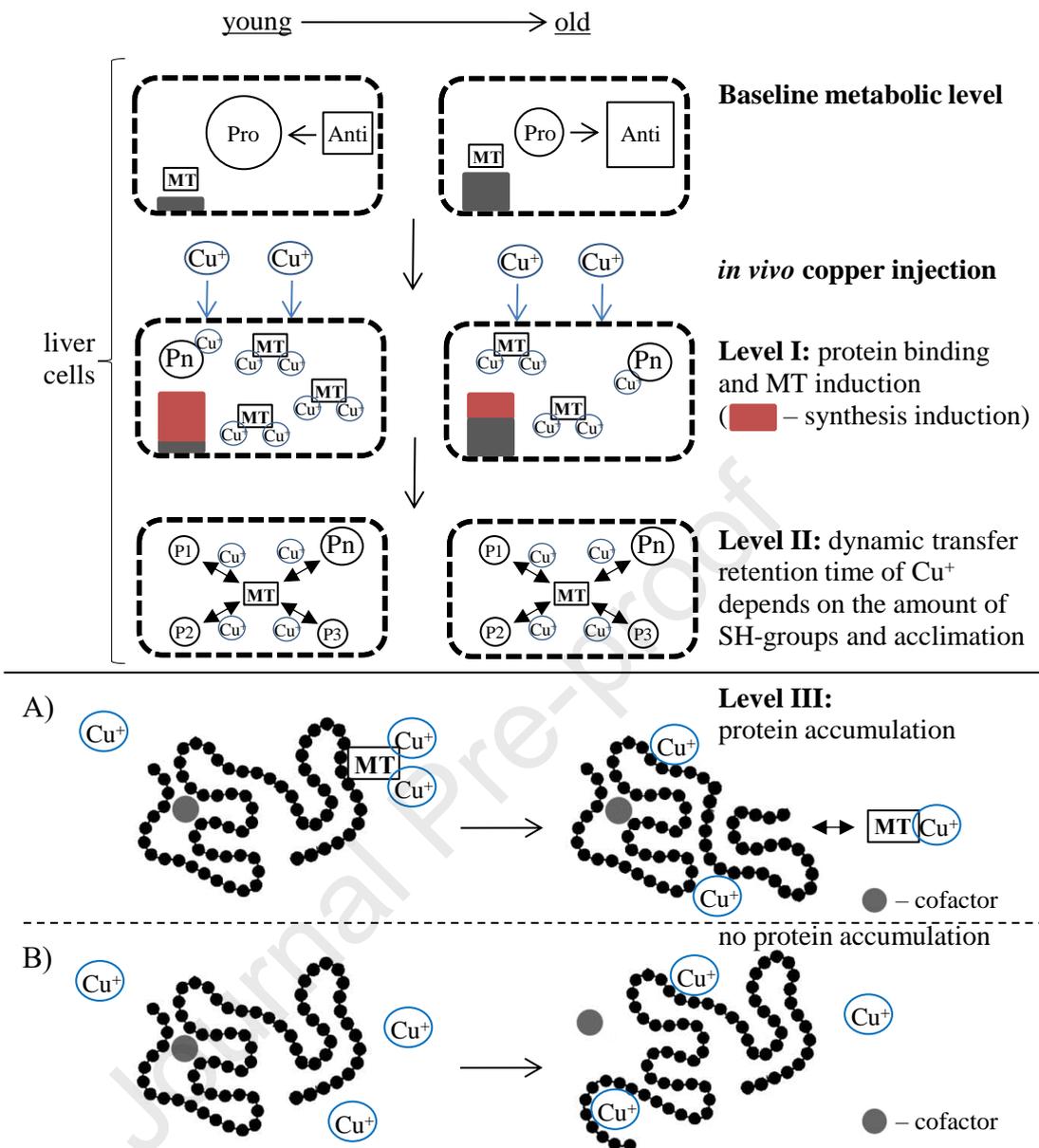
566 The results obtained confirm the hypothesis of a hierarchical mechanism of induced  
567 resistance to high doses of copper sulfate, which is realized in the liver. The appearance of  
568 copper ions in the liver is accompanied by the induction of MTs synthesis, which are capable of  
569 binding up to 6-8 copper atoms. In this case, copper ions also bind to other proteins of all cell  
570 compartments. MTs as small molecules (6 kDa) are capable of highly dynamic movements in the  
571 cell; they easily transfer copper to other structures, i.e. there is a high dynamics of copper in the  
572 "ping-pong principle" cage; they attach for a short time and are quickly cleaved, while  
573 maintaining the functional activity of many enzymes. It can be assumed that as a result of such  
574 "ping-pong" of copper ions, many proteins are capable of acclimation, and after repeated cycles  
575 of encountering these negative factors, they are able to increase the binding of additional copper  
576 ions while maintaining their functional activity.

577 The ability of a number of proteins to bind a relatively large number of copper ions  
578 without significant changes in their structure is evidenced by the data of infrared  
579 spectrophotometry of copper-binding proteins [42].

580 Consequently, various elements are involved in the formation of resistance to copper ions  
581 excess, forming different adaptation levels (Fig. 11).

582 The available data suggest that, at the level of liver functional characteristics, in response  
583 to the administration of copper sulfate large doses into the body, old animals use a slightly  
584 different combination (share) of elements providing the mechanism of induced resistance or  
585 another strategy of an adaptive response. The choice of the adaptation strategy to high  
586 concentrations of copper ions is more influenced by the initial level of the metabolic system, and  
587 it was different in young and old animals (Fig. 11).

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590

591 **Fig. 11.** The scheme demonstrates the difference between the initial level in the content

592 of metallothioneins (MTs are marked as histogram) and the characteristics of the redox system

593 (prooxidants - antioxidants). In young animals, the balance is shifted towards prooxidants, and in

594 old ones, towards antioxidants. The administration of copper ions into the body leads to the

595 binding of these ions with various groups of proteins in liver cells, in particular with MTs, ER,

596 cytosolic proteins, which are conventionally noted as P1, P2, P3 ... Pn, and induces MTs

597 synthesis in varying degrees in young and old animals (histogram) – level I. MTs provide

598 dynamic transfer of copper ions between different proteins according to the “ping-pong”

599 principle – level II. As a result of such "bombardment" of proteins by copper ions, some of them

600 are capable of acclimation to copper ions, can retain (unchanged active center) and bind an

601 increased amount of copper.

602

603 It can be assumed that small changes in individual elements of regulatory systems are

604 capable of exhibiting a synergistic effect, which can lead to the emergence of new properties of

605 the system, in contrast to the properties of individual elements of the system, and give a greater

606 quantitative effect than a simple sum, which is manifested in an increased effect of survival on

physiological level, against the background of "small" biochemical changes.

607 The choice of one or another adaptation strategy in biological systems is carried out in  
608 compliance with the principle of optimality, i.e., the response of the system is formed from the  
609 available functional elements at a given time or the principle of the initial functional state. It was  
610 found that in intact old animals before the administration of copper sulfate, the liver contained  
611 significantly more MTs in comparison with young animals (Fig. 6.A), which coincided with an  
612 increase in the survival of old animals after the first injection of copper sulfate large doses (Fig.  
613 2.A). However, after threefold administration of adaptive doses of copper sulfate, MTs induction  
614 in old rats was less pronounced than in young ones. This coincided with an increase in the  
615 percentage of surviving young animals after the administration of adaptive doses of copper  
616 sulfate, compared with old animals (Fig. 2.C).

617 As is known, MTs are polyfunctional proteins, and their induction is carried out not only  
618 by heavy metal ions, but also by a number of other negative factors; therefore, they are referred  
619 to the family of stress proteins [43]. It can be assumed that during its relatively long ontogenesis,  
620 the organism of old animals has already met with various inducers of stress proteins, including  
621 MTs. Consequently, the initial states against which the adaptive strategy to copper ions is  
622 realized were different in young and old animals. Young and old animals differed in the  
623 characteristics of the initial states and in relation to the activity of antioxidant enzymes  
624 (glutathione peroxidase and glutathione reductase), and in the content of lipid hydroperoxides  
625 (Fig. 9, 10) and, probably, in other metabolic systems.

626 The most important aspect of the functioning of the principle of optimality is the time of  
627 preservation of previously induced metabolic patterns, i.e. the presence of metabolic memory  
628 [44]. As shown, after the first series of triple consecutive injections of copper sulfate, LPC bound  
629 about 5-6  $\mu\text{g}$  of copper per 1 mg of protein, and one month after the complete release of these  
630 proteins from copper ions, they were able to bind up to 15  $\mu\text{g}$ , and in old animals even up to 30  
631  $\mu\text{g}$  copper per mg protein, i.e. it can indirectly confirm the ability of proteins to acclimate. These  
632 data indicate that induced copper-binding proteins are able to "persist" even after the effect of the  
633 inducer is removed, i.e. memorized, and this will influence the choice of a new adaptation  
634 strategy based on the principle of optimality.

635 The most important aspect in the mechanism of induced resistance to high doses of  
636 copper sulfate is the possible molecular adaptation of protein molecules, or rather acclimation,  
637 i.e. adaptation of specific types of molecules to one experimental factor; in this case, to high  
638 doses of copper ions. Several facts can indirectly testify in favor of molecular acclimation of  
639 proteins: firstly, after preliminary injections of small doses of copper sulfate in animals,  
640 resistance to subsequent injections of a lethal dose is formed, and the intracellular pattern of  
641 distribution of copper ions changes; secondly, a multiple increase in the content of copper ions in  
642 mitochondria and ER do not affect or insignificantly affect the activity of a number of enzymes  
643 that make up these structures; thirdly, after repeated cycles of the administration of copper  
644 sulfate, LPC increased the binding capacity, i.e. "has learned" to bind many times more copper  
645 ions while preserving their functions.

646 In conclusion, we note that with increasing age, the ability to adapt to the excess content  
647 of copper ions in the body does not decrease, but the adaptation strategy changes, i.e.  
648 combinatorics of elements involved in the formation of resistance. A possible change in  
649 adaptation strategies with age was shown on a model of a regenerating liver [45], and the  
650 development of an infectious process [46]. The choice of adaptive strategies is based on the  
651 principle of metabolic optimality, which in turn depends on the initial functional state of  
652 systems, metabolic memory, and molecular acclimation, the interaction of which determines  
653 emergence.

654

## 655 5. Conclusions

656 1. Multiple preliminary administrations of small doses of copper sulfate induce the  
657 resistance formation to subsequent lethal doses of this toxicant.

- 658 2. The age-dependent nature of MTs induction and a change in the nature of the copper  
 659 ions distribution in liver cells is observed against the background of induced resistance.  
 660 3. MTs are involved in the protein transfer of copper ions and this process is age-  
 661 dependent in animals.

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